

Akhlaq (Ethics)

Lesson 1

Islamic Expressions

Learn the following phrases and when to use them:

السَّلَامُ عَلَيْكُمْ

As-Salām ‘alaykum

When we meet someone. Instead of ‘Hi!’

الْحَمْدُ لِلَّهِ

Al-Hamdu lilāh

To thank Allāh, when we finish our food and when we sneeze.

سُبْحَانَ اللَّهِ

Subhān Allāh

When we see anything beautiful. Instead of ‘Wow!’

فِي أَمَانٍ لِلَّهِ

Fi Amānil lāh

When we are leaving. Instead of ‘Bye!’

Fi Amānil Lāh

When some people are leaving their friends, they say ‘bye-bye’ or ‘goodbye’ or ‘take care’. But these are just words to wish someone but don’t help the person we are leaving. When Muslims leave each other, they pray to Allāh to protect them until they meet again. That is why, Muslims says:

Fi Am nil l h!

This means,

I leave you in the
care of All h!

Because we care for each other, we always want Allāh to take care of us. That is why we say this when we are leaving someone.

Whenever you leave your mommy and daddy (like when they drop you off to school or madrasah) you should say **Fi Amānil lāh** to them so that Allāh may keep them safe.

Before you go to sleep you should say **Fi Amānil lāh** to your mommy and daddy and everyone at home.

So remember, when you are leaving your teacher today,
say FI AMANIL LAH!



Remember to
say:
Fi Amānil lāh!

Lesson 2

Exercises

This page has been left blank intentionally as a placeholder for activities.
Please see the accompanying Workbook for Exercises and Activity Sheets

Lesson 3

Cleanliness

Importance of Cleanliness

I am a good Muslim. I am always clean. I keep my clothes clean. When I use the washroom, I always leave it as clean as I found it.

Washroom Manners

- Always sit on the toilet seat even if it is just to urinate.
- Always wash yourself with water after using the toilet.

Lesson 4

Kindness to Animals



Allāh created everything. The sun, the moon and the whole world. Allāh created you and me and Allāh created all the human beings. Allāh also created all the animals, flowers, mountains and trees.

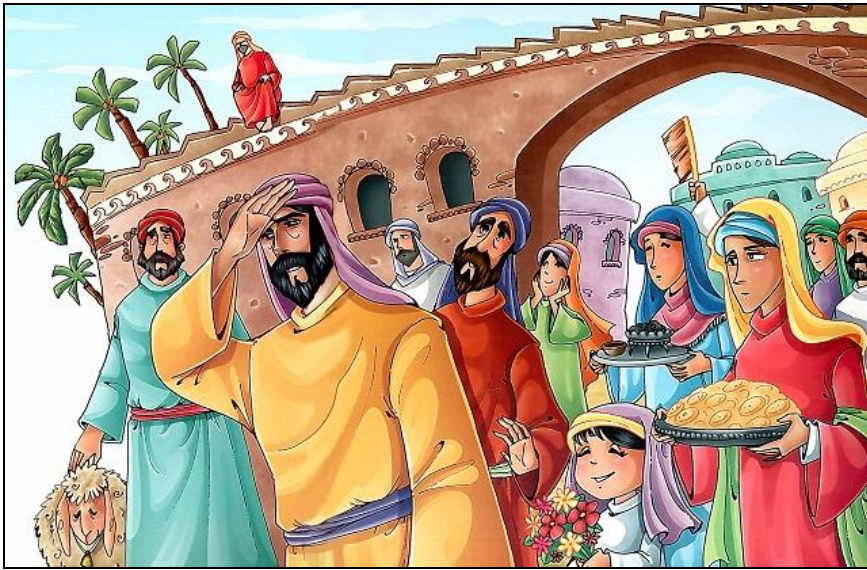
Allāh is very kind to us. We too should be kind to everyone around us. When we see a beautiful flower or an animal like a cat or a bird we should always say 'Subhān Allāh'. We should never pull out a flower for no reason or hurt an animal.



A Muslim loves animals. We should never frighten an animal or throw things at it. Instead we should try and become friends with the animal.

We will now read a story about Imām Ali ar-Rida ('a) and an animal.

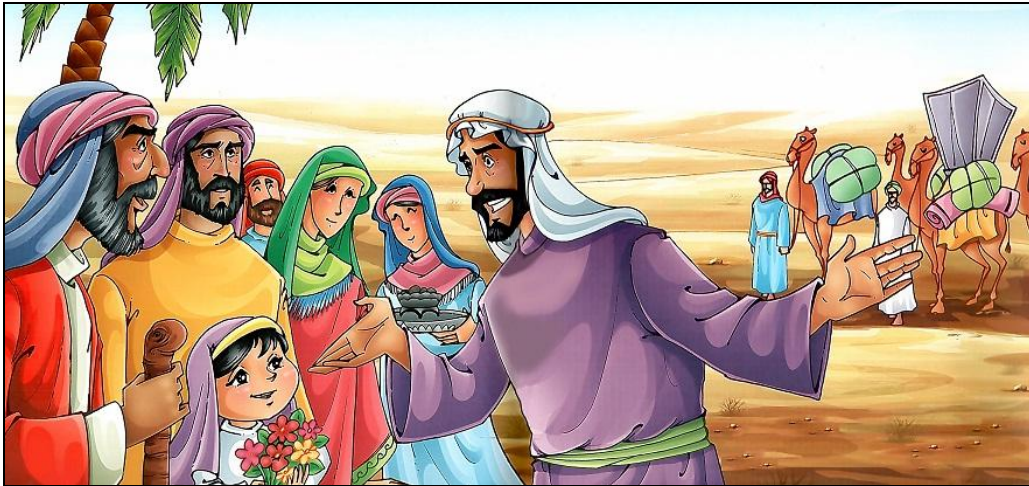
Imām Ali ar-Rida (‘a) saves a Deer



The Caliph Ma'mun ordered Imām Ali bin Musa ar-Rida (‘a) to be brought from Madina to Khorasan, which was the Caliph’s capital city because he was afraid that Imām ar-Rida (‘a) was becoming very popular amongst the Muslims in Madina and their love for him was increasing everyday.

As Imām ar-Rida (‘a) was being taken to Khorasan, the people of Nishabur came to know that Imām ar-Rida (‘a) was going to pass by their city. They all came out to welcome him. The women brought perfume and all kinds of food to welcome him and some of the men brought sheep to sacrifice in honour of the grandson and rightful successor of Rasulullāh (s).

The hearts of the people of Nishabur were anxious to meet Imām ar-Rida (‘a) and they eagerly looked out for him to arrive. They were counting every minute and it was the most exciting times of their lives.



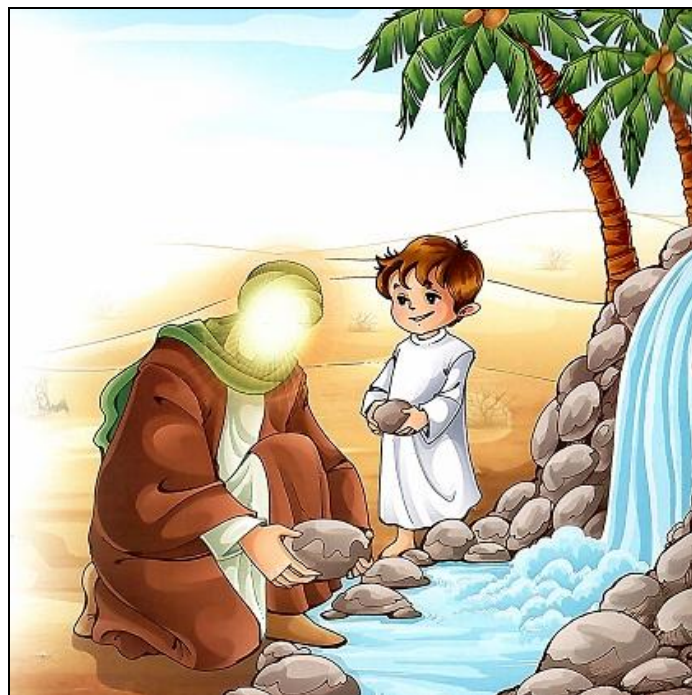
After a while, some of the men who were looking out for the Imām's arrival, saw the caravan approaching and began calling out, 'The caravan of the grandson of Rasulullāh (s) has arrived! Imām ar-Rida ('a) is here!!'

And everyone ran out to meet him. The people of the Nishabur were the Shi'ah of Imām Ali ('a) and the Ahl al-Bayt ('a). They were so excited that they could barely hold themselves back from running to the Imām to welcome him.



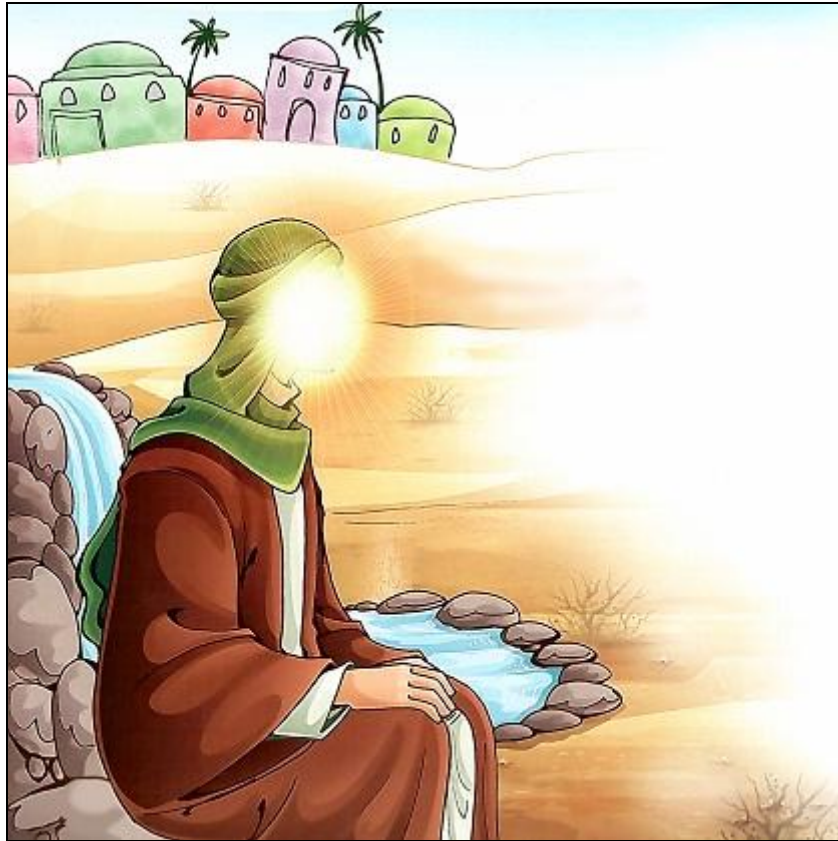
When Imām ar-Rida (‘a) finally arrived, the people rejoiced and were so happy. The whole city celebrated because the 8th Imām was with them. Everyone distributed food and laughed with joy as Imām ar-Rida (‘a) walked amongst them. Thousands of people began saying ‘salāmun alaykum’ to Imām ar-Rida (‘a) and welcoming him to their city and everyone wanted to see him and to speak to him.

Hundreds of scholars gathered around Imām ar-Rida (‘a) and began asking him questions about Islam and the Qur’ān and everything they wished to know. And they began writing and memorizing every word he said. Imām ar-Rida (‘a) was like the shining sun in their city. The people could not believe how lucky they were to see the Imām in their own city.



Imām ar-Rida (‘a) then decided to go to one of the villages near Nishabur called Fawzah and there he

helped the people to build a small fountain of water so they could do wudu. He also helped them to build a place for salāh for them to pray.



Then Imām ar-Rida (‘a) sat down to rest and to enjoy watching the fountain and the scenery. Just then, he saw a deer running towards him. The deer looked scared and frightened and there was a hunter running behind it.

The deer came near Imām ar-Rida (‘a) and sat next to him, feeling very safe. And the deer then began rubbing its face on the Imām’s feet as if it was kissing them. Imām ar-Rida (‘a) being to pat the deer on its head.



The hunter came near the Imām too and Imām ar-Rida ('a) said to him, 'The deer has come to me for protection.' So the hunter said, 'In that case, I will not harm it, out of respect for you dear Imām because you are the grandson of Rasulullāh (s).'

And so the deer sat besides the Imām for a while and drank some water and then left and went back into the jungle feeling safe again.



All the people there wrote down this story and what they saw of how kind Imām ar-Rida (‘a) was even to animals. They wrote, ‘Imām ar-Rida (‘a) is not just an Imām for people but also an Imām over all of Allāh’s creation. And anyone who goes to an Imām from the Ahl al-Bayt for protection will feel safe and unharmed; and Allāh will protect him or her in this world and the hereafter!’

Imām Ali bin Musa ar-Rida (‘a) taught us:

*Always be kind to Animals and never hurt them.
All creatures of Allāh are important.*

Lesson 5

Exercises & Activities

Listen to the following Nasheed
(on the Teacher's DVD)

Animals Love to Hear Qur'ān, Try It Out Someday

There was a chipmunk climbing up a tree,
I stopped to look at him and he stopped to look at me.
When I said "hello", he didn't understand and he went to run
away,
I recited from Qur'ān and he decided to stay.

Animals love to hear Qur'ān, try it out some day
They'll stop to listen carefully to every word you say.
Allāh created animals, Allāh created Man
And He sent a book to guide us all,
Even animals love Qur`an

Sitting at the window to ponder at the sky,
I saw a little bird as it flew by.
I recited from Qur'ān and it wasn't very long
'til the bird sat near my window and it started to sing along.

Animals love to hear Qur'ān, try it out some day
They'll stop to listen carefully to every word you say.
Allāh made the chipmunks and the birds, Allāh created Man,
And He sent a book to guide us all,
Even animals love Qur`an

Playing in the yard on a warm, sunny day
A shy little kitten watched me play.
I bent down to pat her on the head but I think she was scared
of me,
I recited from Qur'ān, she smiled and brushed against my knee

Animals love to hear Qur'ān, try it out some day
They'll stop to listen carefully to every word you say.
Allāh made the chipmunks, birds and cats, Allāh created Man
And then sent a book to guide us all,
Even animals love Qur`an

Animals love to hear Qur'ān, try it out some day
They'll stop to listen carefully to every word you say.
Allāh created animals, Allāh is Ar-Rahman
and He sent a book to guide us all
Even animals love Qur`an.

Allāh made horses and dogs and bats and camels and gnats,
and pigs and cows and spiders and chickens and elephants and
crocodiles,
and dolphins and monkeys and beavers and sheep and lions
and zebras and whales and
emu and...
Hey! Hey! What's an emu?
I don't know!!
...But He sent a book to guide us all
Even animals love Qur'ān!

Lesson 6

Parents

We should always respect our parents, teachers and elders and speak to them politely.

We should always listen to our parents and obey them and never argue or fight with them. Our parents love us very much and they know more than we do. So when they tell us to do something, it is because it is good for us.



Allāh (s.w.t.) has ordered us in the Qur'ān that we should be good and kind to our parents. We should respect them and obey them because our parents have done everything for us since we were born. They give us food and clothes and a house, and they always take care of us.

We should always thank Allāh (s.w.t.) for giving us parents. We should always try our best to keep our parents happy. If our parents are not happy with us then Allāh (s.w.t.) is also not happy with us.

Lesson 7

Exercises

Class work:

To show your parents how much you love them, make them a card. Your teacher will give you blank cards and help you to make the card. In the card, tell your parents why you love them so much.

Homework:

Give the card to your parents, and give them a BIG hug to let them know how much you love them.